



**MAPUA**  
MALAYAN COLLEGES  
LAGUNA



# **Mechanics for Volleyball (Men's and Women's League)**



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## GUIDELINES & MECHANICS

As part of the annual Wizards' Cup, volleyball shall be competitively played by the students of Mapúa Malayan Colleges Laguna to showcase their skills in the field of sports.

<b>Venue</b>	FLUX Rooms E301 - E305
<b>Preliminaries</b>	
<b>Semifinals</b>	04 FEB 2025 8:00 AM - 3:00 PM
<b>Losers Bracket</b>	05 FEB 2025 11:00 AM - 2:00 PM
<b>Finals</b>	06 FEB 2025 1:00 PM - 4:00 PM

With this, the following are the guidelines and provisions for this competition:



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### I. GUIDELINES

#### A. Qualifications of the students

- Participants shall be enrolled in the current term/semester of the school year in Mapúa Malayan Colleges Laguna
- Participants shall have registered through the MS forms. By completing the registration form, all participants must agree to adhere to the rules and regulations of the sport, together with the decision of the referee and the committee.
- All participants must wear their jersey and appropriate equipment accordingly.
- All Participants should not be a part of the varsity team of Mapúa MCL.
- Ocular protection shall be prioritized at all costs. In case the student needs to wear glasses, he/she shall be responsible for his/her safety during the matches.
- Any form of jewelry is prohibited to be worn during the match.
- All members of each team must wear their team jersey and other appropriate equipment.
- The competition will be played at round robin setup, and each team will face other departments once.



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### B. Description of the team

Each team should have a minimum of twelve (12) and maximum of fifteen (15) members. In addition, it should comprise of the following positions:

- i. Setter
- ii. Libero
- iii. Outside Hitter
- iv. Opposite Hitter
- v. Middle Blocker

### C. General Flow of the Competition

Each team should have a minimum of twelve (12) and maximum of fifteen (15) members. In addition, it should comprise of the following positions:

- The sequence of the team that will compete must be followed according to the dates provided.
- Players must not exhibit attitude and bad manners aimed at influencing the decision of the referee.
- All players in the team must play during the competition



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- In the event where the team does not appear fifteen (15) minutes after their scheduled time, the team is automatically disqualified and will lose by default that is in favor of the opposing team.
- A warm-up time of ten (10) minutes will be given before the game officially starts.
- A five (5) minute break will be given every after set.
- The committee has the right to disqualify a team once the team fails to comply with the competition's rules and regulations.



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### II. GAME RULES

#### A. Serving

- Server must serve from behind the end line until after contact.
- After the signal for service, the server must serve the ball 8 before the 8 second mark.
- Ball may be served underhand and overhand
- After the serve, the players may switch positions as long as they abide by their designated lines.
- A served ball that grazes the net will be considered in play unless it continues to go over the net.
- The first game's serve is determined by heads or tails, each subsequent game shall be served by the previous game
- When the serving team wins the rally, the player (or his/her substitute) who served before, serves again.



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### B. Rotation

- The rotational order is determined by the team's starting line-up and controlled with the service order and players' positions throughout the set.
- When the receiving team has gained the right to serve, its players rotate one position clockwise: the player in position 2 rotates to position 1 to serve, the player in position 1 rotates to position 6, etc.
- If a team was not able to rotate properly during or after the service, a rotational fault is called.

### C. Playing the Game

- Maximum of three hits per side. A block touch is not considered a hit.
- The player may not hit the ball twice in succession. A block touch is not considered a hit.
- The ball is still in play outside the court during a volley.
- A ball touching the boundary line is considered inside.
- A ball is "out" if it hits an antennae, the floor completely outside the court, any of the net or cables outside the antennae, the referee stand or pole, and the ceiling above a non-playable area.
- It is legal to contact the ball with any part of the body.
- It is illegal to catch, hold or throw the ball while in play.
- A player must not block or attack a serve



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### III. POINT VALUES AND CATEGORIES OF WINNERS

#### A. Categories of Winners

- Champion
- Second Place
- Third Place

#### B. Special Awards

- Mythical 6 - Medals and Certificate
- Finals MVP - Medal and Certificate
- Season's MVP - Medal and Certificate
- Best Setter - Medal and Certificate
- Best Open Spiker - Medal and Certificate
- Best Opposite Spiker - Medal and Certificate
- Best Middle Blocker - Medal and Certificate
- Best Libero - Medal and Certificate
- Best Server - Medal and Certificate

#### C. A rally scoring system will be used

- There will be a point scored on every ball landing on the court. Points are made on every serve for the winning team of the rally.
- A team will score a point when successfully landing the ball in the court of the opponent



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### IV. PENALTIES AND VIOLATIONS

#### A. Team Violations Clause

- **Lack of players.** If starting members do not reach the prescribed number of people for each team.
  1. **Penalty.** Disqualification.
- **No Show.** If the team does not show up for the games.
  1. **Penalty.** Disqualification.

The following are the penalties and violations of the game, which when committed, will result in a foul:

#### A. Service Fault

- Delaying the serve after getting ready.
- Delaying the motion of the serve.
- Second serves are not allowed.
- Standing on the court lines.
- Feet are off the ground.
- Not hitting the cork of the ball when serving.
- Using a stop-start motion when serving.
- The serve landed outside the court.
- Missing the ball upon serving.
- The ball gets stuck in the net upon serving.
- Obstructing the opponent from seeing the ball.



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### B. Receiver Faults

- Delaying the receiving serve once it is ready.
- Standing on/outside the court lines.
- Moving before the opponent serves.
- Attempting to return the serve when the server is not ready.
- The receiver's partner returns the ball.

### C. Rally Faults of the Game

- The ball must not pass over the net.
- Hitting the ball twice.
- The player touches the net or posts.
- Returning the ball before it passes over the net.
- Moving to the opponent's side.
- Obstructing the opponent's shot.
- Distracting the opponent.
- Inappropriate misconduct and actions like repeated offenses, may result in disqualification.



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### V. INTERRUPTION

#### A. Regular Game Interruptions included:

- Each team is entitled to six (6) substitutions per set.
- Each team is entitled to have a maximum of two (2) time-outs per game.
- Each time-out shall last for thirty (30) seconds.

### VI. EQUIPMENT RIDER

#### A. Player's Clothing

- Volleyball Shorts
- Volleyball t-shirts
- Volleyball shoes
- Volleyball braces, sleeves, and pads.

#### B. Game Equipments

- Volleyball Court
- Volleyball Balls
- Volleyball Net
- Volleyball Poles
- Volleyball Penalty Cards